

DATE- 18.04.2025

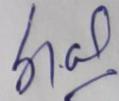
CIRCULAR

All the faculty members and students of Parul Institute of Homoeopathy and Research are hereby informed that NSS unit of PIHR along with Dept. of Community Medicine is going to organize an awareness **session on the importance of nutrition during the first 1000 days** of life as part of the celebration of the **7th Poshan Pakhwada** (April 8–22, 2025), under the initiative taken by the Ministry of Women and Child Development for pregnant women and new mothers. All faculty advisors are instructed to do the needful and ensuring the full attendance for the same.

Date: 21.04.2025

Venue: Anganwadi centre, Amodar village, Vadodara




Dr. Sujeet Lal

NSS Programme Officer

PIHR

NSS Unit along with the Department of Community Medicine had organized an awareness session on the importance of nutrition during the first 1000 days of life as part of the celebration of the 7th Poshan Pakhwada (April 8–22, 2025), under the initiative taken by the Ministry of Women and Child Development at Amodar village Vadodara for pregnant women and new mothers.

By raising awareness about **malnutrition, stunting, and micronutrient deficiencies**, the session will inspire participants to take proactive measures in **combating malnutrition** at the individual and community level. The activity is expected to lead to a **positive behavioural change** where participants adopt and promote better nutritional practices within their households and communities, contributing to improved health outcomes for future generations.

GENERAL DETAILS:-

- Occasion :- 7th Poshan Pakhwada
- Organized By: - NSS Unit of PIHR
- Mode of Celebration – Awareness session on the importance of nutrition during the first 1000 days of life
- Participated By: - PIHR Faculty and students
- Date of Celebration:- 21.04.2025
- No. of Participants : 7
- Guided by – Dr. Ankur Desai
- Name of Programme In charge : Dr. Sujeet Lal

WAY OF THE CELEBRATION:-

- Awareness session on the importance of nutrition during the first 1000 days of life





Vadodara, Gujarat, India
77rv+q65, Parul University Road, Amodar, Vadodara,
Gujarat 391760, India
Lat 22.291907° Long 73.293391°
21/04/2025 11:34 AM GMT +05:30

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Pavlepur, Gujarat, India
77rv+rgm, Pavlepur, Gujarat 391760, India
Lat 22.292181° Long 73.293522°
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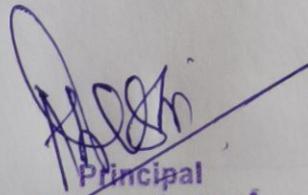
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[Signature]
Principal
Parul Institute of
Homoeopathy & Research
Iswarpur, Vadodra, Gujarat



Attendance: Poshan Pakhwada 21.04.2025

Sr. no.	Name	Faculty/Student	Sign
1.	Dr. Sijeet Lal	Faculty	Sjal
2.	Dr. Ranjita	-1-	Ranjita
3.	Dr. Pransali		Pransali
4.	Ashwin Makwana	4 th year	Ashwin Makwana
5.	Piya Jadhav	-1-	Piya
6.	Leena Jadhav	-1-	Leena Jadhav
7.	Vanshika Nathwani	-1-	Vanshika



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